## Southridge High School Lunch Menu

October 2022 (Page 1)
Offer vs Serve
"MENU SUBJECT to CHANGE for SCHOOL DELAYS, CLOSINGS or PRODUCT AVAILABILITY"

Monday	Tuesday	Wednesday	Thursday	Friday
October 3 CHOICE OF ONE ENTRÉE Chicken on the Beach with Roll Mini Corndogs Spicy Sub Sandwich Chef Salad Taquito with Salsa PB&J Sandwich Soup of the Day	October 4 CHOICE OF ONE ENTRÉE BBQ Sandwich with Sliced Pickles and Onions Mini Corndogs Spicy Sub Sandwich Chef Salad Taquito with Salsa PB&J Sandwich Soup of the Day	October 5 CHOICE OF ONE ENTRÉE Chili Cheese Dog Mini Corndogs Spicy Sub Sandwich Chef Salad Taquito with Salsa PB&J Sandwich Soup of the Day	October 6 CHOICE OF ONE ENTRÉE Homemade Lasagna with Breadstick Mini Corndogs Spicy Sub Sandwich Chef Salad Taquito with Salsa PB&J Sandwich Soup of the Day	October 7 CHOICE OF ONE ENTRÉE Beef Steak Pub Burger with Sliced Cheese and Bacon Sandwich Mini Corndogs Spicy Sub Sandwich Chef Salad Taquito with Salsa PB&J Sandwich Soup of the Day
CHOICE OF THREE Greenbeans with New Potatoes Fresh Cauliflower Florets with Dip Vegetable Juice Chilled Fruit, Tropical Fruit Salad Fresh Fruit	CHOICE OF THREE Steamed Seasoned Mixed Vegetables Seasoned Potato Wedges Vegetable Juice Chilled Fruit, Sliced Pears Assorted Fruit Juice	CHOICE OF THREE Steamed Seasoned California Blend Vegetables Vegetable Juice Carrot Sticks with Dip Peach Crisp Fresh Apple Slices	CHOICE OF THREE Romaine Garden Salad Mix with Dressings Vegetable Juice Grape Tomatoes Chilled Fruit, Sliced Pineapple Assorted Fruit Juice	CHOICE OF THREE Crosstrax French Fries Baked Beans Vegetable Juice Creamy Cole Slaw Fresh Fruit Chilled Fruit, Mandarin Oranges
INCLUDED Milk, Assorted Flavors Snickerdoodle Cookie	INCLUDED Pickle Spear Milk, Assorted Flavors	INCLUDED  Dorito Chips Milk, Assorted Flavors	INCLUDED Milk, Assorted Flavors  SOUP OF THE DAY	INCLUDED Lettuce, Tomato, Onion, Sliced Pickles, Guacamole and Mayo for Sandwiches Pickle Spear Milk, Assorted Flavors
SOUP OF THE DAY Chicken & Dumpling Soup with Roll	SOUP OF THE DAY Chili Soup with Peanutbutter Sandwich	SOUP OF THE DAY Taco Soup with Tortilla Strips	Chili Soup with Peanutbutter Sandwich	SOUP OF THE DAY Tomato Soup with Toasted Cheese Sandwich
Available: Sack Lunch	Available: Sack Lunch	Available: Sack Lunch	Available: Sack Lunch	Available: Sack Lunch
October 10  NO SCHOOL  PROFESSIONAL  DEVELOPMENT DAY	October 11 <u>CHOICE OF ONE ENTRÉE</u> Biscuit and Gravy with 2  Sausage Patties  BBQ Beef Riblet Sub Sandwich  Shaved Deli Turkey Bacon  Ranch Wrap  Chef Salad  Nacho's and Cheese  PB&J Sandwich  Soup of the Day	October 12 <u>CHOICE OF ONE ENTRÉE</u> RattleSnake Bowl with Hot Roll  BBQ Beef Riblet Sub Sandwich  Shaved Deli Turkey Bacon  Ranch Wrap  Chef Salad  Nacho's and Cheese  PB&J Sandwich  Soup of the Day	October 13 <u>CHOICE OF ONE ENTRÉE</u> Beef Haystacks or Build Your Own Taco Salad  BBQ Beef Riblet Sub Sandwich Shaved Deli Turkey Bacon Ranch Wrap Chef Salad Nacho's and Cheese PB&J Sandwich Soup of the Day	October 14 <u>CHOICE OF ONE ENTRÉE</u> Cheeseburger Hot Dog Shaved Deli Turkey Bacon Ranch Wrap Chef Salad Nacho's and Cheese PB&J Sandwich Soup of the Day
	CHOICE OF THREE Hash Brown Potato Pattie Vegetable Juice Carrot Sticks with Dip Chilled Fruit, Fruit Cocktail Fresh Fruit	CHOICE OF THREE Romaine Garden Salad Mix with Dressing Grape Tomatoes Vegetable Juice Fresh Fruit Assorted Fruit Juice	CHOICE OF THREE Shredded Lettuce, Cheese and Salsa with Dressing Vegetable Juice Mexicali Corn Refried Beans Fresh Orange Slices Chilled Fruit, Sliced Pears	CHOICE OF THREE Macaroni and Cheese Bake Beans Vegetable Juice Baby Carrots Apple Slices
	INCLUDED Milk, Assorted Flavors	INCLUDED Milk, Assorted Flavors	INCLUDED Milk, Assorted Flavors Cookie	INCLUDED Milk, Assorted Flavors Chips Cookie
	SOUP OF THE DAY Chili Soup with Peanutbutter Sandwich	SOUP OF THE DAY Taco Soup with Tortilla Strips	SOUP OF THE DAY Chili Soup with Peanutbutter Sandwich	SOUP OF THE DAY Tomato Soup with Toasted Cheese Sandwich
	Available: Sack Lunch	Available: Sack Lunch	Available: Sack Lunch	Available: Sack Lunch

## Southridge High School Lunch Menu October 2022 (Page 2)

Offer vs Serve
"MENU SUBJECT to CHANGE for SCHOOL DELAYS, CLOSINGS or PRODUCT AVAILABILITY"

Monday	Tuesday	Wednesday	Thursday	Friday
October 24 CHOICE OF ONE ENTRÉE Build Your Own Burrito with Shredded Lettuce and Cheese Sliced Pepperoni Calzone with Marinara Sauce Shaved Deli Turkey, Cheese & Bacon Sub Sandwich Chef Salad Jalapeno Mozzarella Bites with Marinara Sauce PB&J Sandwich Soup of the Day	October 25 CHOICE OF ONE ENTRÉE Oven Baked White Meat Chicken Bites with Biscuit Stick & Sauces Sliced Pepperoni Calzone with Marinara Sauce Shaved Deli Turkey, Cheese & Bacon Sub Sandwich Chef Salad Jalapeno Mozzarella Bites with Marinara Sauce PB&J Sandwich Soup of the Day	October 26 CHOICE OF ONE ENTRÉE Country Fried Steak with Gravy and Hot Roll Sliced Pepperoni Calzone with Marinara Sauce Shaved Deli Turkey, Cheese & Bacon Sub Sandwich Chef Salad Jalapeno Mozzarella Bites with Marinara Sauce PB&J Sandwich Soup of the Day	October 27 CHOICE OF ONE ENTRÉE Chili Soup with Peanutbutter Sandwich Sliced Pepperoni Calzone with Marinara Sauce Shaved Deli Turkey, Cheese & Bacon Sub Sandwich Chef Salad Jalapeno Mozzarella Bites with Marinara Sauce PB&J Sandwich Soup of the Day	October 28 CHOICE OF ONE ENTRÉE Beef Steak Pub Cheeseburger Sliced Pepperoni Calzone with Marinara Sauce Shaved Deli Turkey, Cheese & Bacon Sub Sandwich Chef Salad Jalapeno Mozzarella Bites with Marinara Sauce PB&J Sandwich Soup of the Day
CHOICE OF THREE Refried Beans Vegetable Juice Fresh Apple Slices Chilled Fruit, Mandarin Oranges Mexican Rice	CHOICE OF THREE Seasoned California Blend Carrot Sticks and Dip Vegetable Juice Chilled Fruit, Sliced Peaches Fresh Fruit	CHOICE OF THREE Mashed Potatoes Vegetable Juice Corn Fresh Fruit Orange Juice	CHOICE OF THREE Romaine Garden Salad Mix with Dressings Vegetable Juice Grape Tomatoes Chilled Pears Assorted Fruit Juice	CHOICE OF THREE French Fries Broccoli and Cheese Vegetable Juice Frozen Fruit Cup Fresh Fruit
INCLUDED Milk, Assorted Flavors Snickerdoodle Cookie	INCLUDED Macaroni and Cheese Milk, Assorted Flavors	INCLUDED Milk, Assorted Flavors	INCLUDED Milk, Assorted Flavors	INCLUDED  Lettuce, Tomato, Onion, Sliced Pickles, Guacamole and Mayo for Sandwiches Pickle Spear
SOUP OF THE DAY Chicken & Dumpling Soup with Roll Available: Sack Lunch	SOUP OF THE DAY Chili Soup with Peanutbutter Sandwich	SOUP OF THE DAY Taco Soup with Tortilla Strips Available: Sack Lunch	Available: Sack Lunch	Milk, Assorted Flavors SOUP OF THE DAY Tomato Soup with Toasted Cheese Sandwich Available: Sack Lunch
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October 31 CHOICE OF ONE ENTRÉE Beefy Nacho's Nashville Hot Chicken Bites with Roll Shaved Deli Turkey, Bacon, Cheese and Chipotle Ranch Wrap Chef Salad Chicken & Cheese Burrito with Salsa PB&J Sandwich Soup of the Day	November 1 <u>CHOICE OF ONE ENTRÉE</u> Pepperoni Pizza Wedge  Nashville Hot Chicken Bites with Roll Shaved Deli Turkey, Bacon, Cheese and Chipotle Ranch Wrap Chef Salad Chicken & Cheese Burrito with Salsa PB&J Sandwich Soup of the Day	November 2 CHOICE OF ONE ENTRÉE Chicken Breast Fillet Sandwich with Lettuce and Sliced Tomatoes Nashville Hot Chicken Bites with Roll Shaved Deli Turkey, Bacon, Cheese and Chipotle Ranch Wrap Chef Salad Chicken & Cheese Burrito with Salsa PB&J Sandwich Soup of the Day	November 3 CHOICE OF ONE ENTRÉE Salisbury Steak and Gravy with Hot Roll Nashville Hot Chicken Bites with Roll Shaved Deli Turkey, Bacon, Cheese and Chipotle Ranch Wrap Chef Salad Chicken & Cheese Burrito with Salsa PB&J Sandwich Soup of the Day	November 4 CHOICE OF ONE ENTRÉE Cheddarwurst Sausage Sandwich Nashville Hot Chicken Bites with Roll Shaved Deli Turkey, Bacon, Cheese and Chipotle Ranch Wrap Chef Salad Chicken & Cheese Burrito with Salsa PB&J Sandwich Soup of the Day
CHOICE OF THREE Winter Blend Vegetables Vegetable Juice Carrot Sticks and Dip Chilled Fruit, Sliced Peaches Fresh Fruit	CHOICE OF THREE Broccoli Salad Grape Tomatoes Sliced Cucumbers & Dip Chilled Fruit, Tropical Fruit Salad Fresh Apple Slices	CHOICE OF THREE Parmesan Seasoned Baby Bakers Vegetable Juice Celery Sticks and Dip Fresh Fruit Assorted Fruit Juice	CHOICE OF THREE Parsley Noodles Italian Style Green Beans Vegetable Juice Chilled Fruit, Fruit Cocktail Orange Juice	CHOICE OF THREE Seasoned French Fries Cowboy Baked Beans Vegetable Juice Fresh Fruit Chilled Applesauce with Cinnamon
INCLUDED Milk, Assorted Flavors Cookie	INCLUDED Milk, Assorted Flavors	INCLUDED Milk, Assorted Flavors	INCLUDED Milk, Assorted Flavors	INCLUDED Fresh Diced Onions Relish Pickle Spear Milk, Assorted Flavors
SOUP OF THE DAY Chicken & Dumpling Soup with Roll	SOUP OF THE DAY Chili Soup with Peanutbutter Sandwich	SOUP OF THE DAY Taco Soup with Tortilla Strips	SOUP OF THE DAY Chili Soup with Peanutbutter Sandwich	SOUP OF THE DAY Tomato Soup with Toasted Cheese Sandwich
Available: Sack Lunch	Available: Sack Lunch	Available: Sack Lunch	Available: Sack Lunch	Available: Sack Lunch